



Kindervelt News

“HAVING FUN WHILE RAISING FUNDS”

— FOR THE HEART INSTITUTE —

VOLUME 11 • ISSUE 6

JANUARY/FEBRUARY 2013

President's Message

Happy New Year and welcome to 2013! I trust everyone had a wonderful holiday with family and friends. Now comes the time to take down the decorations and put them away until the next season. The children are back to school, we return to our daily routines and continue to focus on the Kindervelt projects and goals we set for this year.

Kindervelt does not have a President's Council meeting in January although this does not mean we are not working on our projects. "Let the Good Times Bowl" committee is diligently putting in place the activities for team sign-up, sponsorships, raffles and door prizes. The goal is to make this citywide event a huge success. Please join us on March 2 at Cherry Grove Lanes, we guarantee a fun filled day for everyone. I would like to challenge each group to sign up at least one "team". Our goal is to fill up the lanes for both sessions with 100% participation from people interested in having fun while supporting Cincinnati Children's and the Heart Institute. A "team" can be members of your group, family, friends, school bowling teams, and people from work, just to give you a few suggestions. To form a "team of four people" you only need a \$50.00 registration to secure your lane (\$12.50 per person) and the balance of the registration fee can be raised by donations. To register teams go to www.kindervelt.org. If you have questions you may contact Char McBrayer at kvpresident@kindervelt.org or 513-702-9633. "Let the Good Times Bowl" will complement our other citywide events; Kinderklaus Markt and the Couples & Pairs Clay Shoot.

During the month of December the Kindervelt Nominating process begins for the 2013 Markt Steering Committee and in the month of January for the 2013-2014 Board of Trustees. If you have not served on the Markt Steering Committee or the Board of Trustees, you may want to consider one of these leadership positions. You will have the opportunity to meet new people, make new friends and learn more about Kindervelt inner workings. To be considered for these positions contact the Nominating Chair, Sheila Horan, a Steering committee member or Board member for additional information.

The Barbara Fitch Committee is currently accepting nominations. The Barbara Fitch Award is presented at our Annual Meeting in May to an active member that has demonstrated special qualities and exceptional commitment to Kindervelt. If you would like to nominate a Kindervelt member from your group that you feel has demonstrated the spirit of this award the nominating forms are on line and in our newsletter. Vice president Tracy Smith will answer any questions you have about the submission process.

The February President's Council meeting will include a speaker from the Heart Institute-Kindervelt Neurodevelopmental Educational and Learning Center (NDC). Patti Towbin, Educational Specialist/Diagnostician, who is part of the School Intervention Team, will discuss how the NDC coordinates the needs of the child with schools, doctors and therapy professionals to succeed in the best outcome for the child as they mature into adolescence and adulthood. Presidents, please invite members of your group to attend this meeting. It will be a very interesting presentation and everyone is invited.

In closing, I would like to thank you for your dedication to Kindervelt and the Heart Institute. "Having Fun While Raising Funds" for Cincinnati Children's is our mission and focus to assist in changing the outcome for so many children with heart problems. The Kindervelt Neurodevelopmental, Educational and Learning Center (NDC) is the first facility of its kind in the country and your membership to Kindervelt is invaluable to help support the NDC. I look forward to working with each of you to achieve our goals for the New Year and many more years ahead.

Sincerely,

Charlotte McBrayer - City President

"The difference between the impossible and the possible lies in a person's determination." Tommy Lasorda

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CCHMC Liaison to Kindervelt

Keith Henize

Pitter Patter of Little Hearts...

NEWS FROM THE HEART INSTITUTE

YEARS AFTER HEART SURGERY, KIDS FACE DEVELOPMENTAL CHALLENGES BY TANYA LEACH

Seven-year-old Lydia Butler's medical journey began when she was five days old and her parents found out she had a heart murmur. Tests showed she had tricuspid atresia, a defect that blocked the blood flow from her heart to her lungs to get oxygen. She underwent three open-heart surgeries by the time she was 4 to fix it. At first, her parents worried about whether she would survive the surgeries. After they crossed that hurdle, they realized there was much more to overcome.

Lydia isn't just a cardiac kid. She's also been diagnosed with attention deficit hyperactivity disorder (ADHD) and a developmental coordination disorder that makes it hard for her to do things like grasp a crayon. Researchers here say she's an example of how congenital heart disease and developmental disorders are linked. "Kids who survive complex congenital heart disease have signature neurodevelopmental issues like these," says Bradley Marino, MD, MPP, MSCE, and Director of the Neurodevelopmental Clinic at Cincinnati Children's Heart Institute. "Problems can range from ADHD to issues with motor skills and visual construction and perception. All of these things coming together can make it harder for them to learn."

Partnering with schools

A generation ago, if a child with a complex congenital heart disease survived it was a victory. Today doctors are looking beyond helping kids survive heart problems and trying to find ways to help them thrive in the rest of life.

Marino helped establish the Heart Institute Neurodevelopmental Clinic at Cincinnati Children's for this purpose. The clinic links general pediatrician, pediatric cardiologist and neurodevelopmental support staff to work as a team and partner with schools to help maximize a child's quality of life.

"We know that pediatric heart patients are at greater risk for developmental deficits but they may not be the typical developmental problems schools are used to seeing," says Marino. "When you come to our clinic now as an infant or toddler or preschooler, our job is to figure out early what the issues are, so by the time you get to school, there is an individualized education plan for that child." The clinic's specialists diagnosed Lydia and provided a letter to her school explaining her needs. They came up with a treatment plan and provided an education specialist to work with her school.

Lydia's mom Lisa says the clinic gave her answers for things that otherwise might have taken years to figure out. "I don't feel like I have to do it alone anymore," she says. "Now we have a whole team for Lydia. It's not just about getting her to survive. It's about getting her to survive and thrive"

New guidelines to survive and thrive

Dr. Marino is the lead author of guidelines published this summer by the American Heart Association, stating that children with congenital heart disease should be screened early and regularly for a variety of cognitive developmental deficits. Periodic screening and follow-up visits throughout childhood can identify problems early so experts can come up with a plan of appropriate therapies to help the children do well at school, with their peers and at home.

"The mantra is, we want the kids to survive and thrive," Marino says. "The next 10 years of my career is devoted to figuring out what interventions to put in place to mitigate or to treat problems moving forward."

About the Author Tanya Leach

Tanya Bricking Leach is a writer and video producer at Cincinnati Children's and a former newspaper reporter who has covered crime for The Cincinnati Enquirer, sports for USA Today, island life for The Honolulu Advertiser, food for The Associated Press and stories about storms and surfers for the New York Times. Tanya is the author of the military-themed travel guide "Hawaii for Heroes." She is married to a military veteran and is the mother of two young boys. When she's not wired in at work, she enjoys unplugging with her family on their sailboat.

KV Calendar February — March 2013

Project Codes: OTP-Open to the Public, MG-Members and Guests, MGS-Members, Guests and Spouses, MO-Members only

DATE	GROUP	PROJECT	CONTACT	CONTACT	CODE
2/8/13	KV #76 Terrace Park	Mardi Gras Party	Kim	kimseichter@gmail.com	OTP
2/9/13	KV #20 Fairfield	Mom & Me Valentine Tea	Jean Meyers	mrsJean816@aol.com	OTP
2/9/13	KV#4	Zumbathon Blue Ash Y	Stef	stefcushman@gmail.com	
2/14/13	KV #8 Wyoming	Valentine's Day Cookie Sale	Kristen	klgettins@yahoo.com	OTP
2/23/13	KV #70 Loveland & Co.	Toes in the Sand volleyball event	Tina Getter	jkgetter1@cinci.rr.com	OTP
3/2/13	KV Citywide Projects	Bowling Event	Charlotte McBrayer	rylee@cinci.rr.com	OT

Corresponding Secretary

Jan Rohling
513-827-1548
kvcsecretary@kindervelt.org

A donation was made by Susan Deye in memory of Paul Metz, father of Donna Rauf and father-in-law of Cindy Metz. Donna and Cindy are members of KV #68.

Kindervelt #4 made a donation in memory of Eileen Brisben. She was the mother of one of their members, Susan Graham.

Kindervelt #55 made a memorial donation for the mother of their member, Marilyn Dusing. KV 55 also made a donation in memory of Grace Inyart, the daughter of their member, Marybeth Inyart. Grace spent 3 months at Children's after an August auto accident.

Jacquelin Boggs made a donation to Kindervelt in honor of Donna Boggs.

Thank you to everyone for continued support to Kindervelt of Cincinnati Children's Hospital Medical Center. Your donations are greatly appreciated.

Market 2013

Katrina Smith
513-753-3243
kvmarketchair@kindervelt.org

Stay tuned for all of the details about the upcoming Kinderklaus Markt - information will be published as decisions are made!

Save the date !



Helping kids "one pin at a time"
Kindervelt of Cincinnati Children's



Benefiting the Heart Institute
Kindervelt Neurodevelopmental, Educational,
& Learning Center

Saturday, March 2, 2013

Cherry Grove Lanes

Organize a team of 4 bowlers
and register your team either
online at: Kindervelt.org or print and mail
in the registration forms

For more information please contact Char McBrayer at
kvpresident@kindervelt.org

Barbara Fitch Kindervelt Award

Nominee Name _____ KV # _____ Year Joined (if known) _____

Submitted by _____ KV # _____ Phone _____

Nominees must meet the following criteria:

- Be a current Kindervelt member who has at least 5 active membership years with Kindervelt.
- Has held a leadership position in Kindervelt (group, project chair, or citywide)

Please list positions the nominee has held: _____

Explain how this nominee exemplifies qualities of enthusiasm for and dedication to Kindervelt. Be sure to include specific examples of her positive attitude and commitment to Kindervelt's support of Cincinnati Children's.

(use reverse side if needed)

Kindervelt Nominating

Sheila Horan
859-781-3254
kvnominating@kindervelt.org

Now is the time to nominate the person who will fill the spot of Markt Chair Elect 2013 and then Markt Chair 2014.

You can nominate YOURSELF (as many do), or you can submit a nomination of a WONDERFUL LADY whom you believe has the qualities necessary for this MOST IMPORTANT POSITION. This is the Kindervelt member who will be stepping into a learning position and following Katrina Smith as our own MARKET CHAIR for 2014.

If you have any questions concerning the job qualifications or to place a nomination, please contact me or email me...
Sheila K. Horan 859-781-3254 horan51@fuse.net Or mail to: Sheila K. Horan, 16 Sentinel Dr. Wilder, Ky 41076

Nominating FORM for KINDERKLAUS MARKT CHAIR-ELECT 2013

Please Print:

Name _____ KV # _____

Phone Hm _____ cell _____

Submitted by _____ KV # _____

Phone Hm _____ cell _____

Email address: _____

KV #8's Helium Lesson: Beth Kiley

Through a contact I had in Child Life at Children's about 15 years ago, our group was asked to put on a party for the kids in the long-term unit, then known as the Department for Convalescent Care. As well I knew from many long days spent at Children's with my son, there are lots of activities and groups that come out to entertain at CCHMC around the holidays, but not many the rest of the year, so we agreed to do a St. Patrick's Day party. Ginny Myers, Karen Kreuger and I put together a puppet show, and other members of our group hosted a make-it-bake-it party to fund gifts and party favors for the kids. We had fun planning the games and treats that we baked for the kids.

On the designated day, we excitedly packed up a few mini vans with the treats and gifts. Last stop was at Tina Austing's real estate office to load in dozens of Mylar balloons that she had not only donated but that she had personally inflated with the helium tank at her office. We stuffed them into Karen Herzog's mini van, slammed the hatch shut, and only then realized that the skylight was open. We could only gaze helplessly and admire them as they wafted into the dreary March skies. Poor Karen started to cry. Fearless leader Ginny Myer immediately assessed the situation and said "Follow Me!" as she drove down Springfield Pike to the Hartwell Kroger. As I sprinted to the floral department, I grabbed every St. Pat's balloon they had and started getting the staff to blow up some more. Ginny collared the store manager, explained our tragedy, and somehow (Thank You Kroger for this and many other blessings), got the manager to call the right person at Headquarters, and got the balloons donated while we were tying ribbons on the Mylar. We carefully held on to these balloons and crammed them in the now skylight-free minivan. We got to CCHMC in record time and held our party to a group of enthusiastic kids. Teaching Points: We had a Physics Lesson (Helium is indeed lighter than air), and a Heartstrings Lesson, if we are making a request for Children's Hospital, our generous community will always respond.

OK, So I Don't Bake Sharon Wing KV#3

Okay, so I don't bake. I have one recipe I like to do...potato chip cookies. With a pound of butter in each batch, how can I miss? My KV#3 group members bake. Lots. All of it is wonderful and I won't even try to compete. So when Caroline, who runs our hospital sales declared she needed a helper, guilt kicked in, and I volunteered. On a Friday morning we set up at CCHMC, and while we waited for noshing customers, I began to watch the people passing by us. Caregivers, parents, hospital workers, and patients in an endless parade of combinations. Astounding to watch. Go to the Zoo or Kings Island and watch and count the numbers of unhappy and frustrated children and parents. What I see at those venues, for the most part, is a show of expectations unmet. Few seem really happy or content, and dignity is not the order of the day. As I watched on that morning at the hospital, I saw something completely different and completely uplifting... shared love, dignity under hardship, patience, acceptance and hope. Granted I wasn't on the wards to see the fear and the pain that must be there, but what I did see were people sharing a moment of peace together. It is those moments that bring hope to many and to me. I can't think of a better way to spend my time than to work for a future where there is more hope... maybe I should take a baking class.

Member Highlight Linda Bartlett #54

Linda Bartlett, an 18 year member of Kindervelt 54, talked of her experience with Children's Hospital like it was yesterday. A red flag came up during her son's 2 year annual pediatric exam (Scott is now a healthy 20 year old college student). It was discovered Scott had 10% of the platelets his body needed to clot blood after injury/impact. Taking every precaution, Scott wore a helmet to protect his head through that first night while the doctors proceeded with testing, diagnosis and treatment. The staff made Scott and '7 month pregnant' Linda feel confident in the treatment and very comfortable as they needed to spend the night for the 13 hour treatment, a drip of medication/platelets. He took his final treatment of platelets a year later. Scott carried on with a successful sports and football career through secondary school and thanks the Children's Hospital staff for this fulfilling aspect of his young life.

Gratitudes

KV#3 – Thanks to Sue Jeffries for hosting the lovely, intimate Holiday celebration for an evening of socializing. As usual, Jean Kachikis cooked up a delicious meal for all of us to enjoy!

KV#4 – Many thanks to Val Cathey, Patty Rothfuss, and Stephanie Cushman for chairing our Fun Fall 5k run/walk on November 3. Despite the rain, everyone had a wonderful time getting some exercise and spending time with family and friends.

A big thank you to Kim Dunahoe for organizing the sale and distribution of luminaries this Christmas! The project raised funds for Children's Hospital and made our neighborhoods beautiful.

KV#16 – A huge thank you to all the members of KV #16 for another successful Bunco night! Without everyone's support and involvement, we would not have been able to support Cincinnati Children's and the Heart Institute with our generous donation.

KV#19 – Heritage - A huge thank you goes out to Becky Staples for hosting the KV 19 Christmas Party at her beautiful home on December 5th. It was a fun party with lots a great food, sweet treats and a white elephant exchange. Thank you Becky!!



KV#22 – Swaim Field – We would like to sincerely thank our Markt Reps Michelle Dobrozsi and Kim Lucken for the fabulous items they displayed this year at Markt. They are truly two very talented ladies and we appreciate all they do for our group. They also organized our raffle of an I-Pad which was very successful. Thanks also to Mary Lutz for helping our Markt Reps in many ways from paper work to collecting donated items for our raffle baskets to finishing the baskets beautifully. Big thanks also go to Sue Crosby, Valerie Taylor, Peggy Scherzinger, Jane Garfield, Denise Fisher and many other members for all their support this year!

Also, many thanks to members Sarah Bell and Lisa Allison for chairing our Luminaria event this year. Once again our neighborhood looked beautiful and festive during the holidays! We are so thankful for your leadership on this successful annual fundraiser. Special thanks to members Gale McLaughlin, Katherine Soto (neighbor), Teresa Hoying, Sue Crosby, Perry Schenker, Kelli Green, Paula Livingston, Val Taylor, Debbie Clerc, Madhavi Delsignore, Michelle Dobrozsi, Denise Fisher and Jackie Kirkpatrick. A big thank you to Boy Scout Troop 528 and Troop 672 for help setting out the luminarias! Good job everyone!

And, to top off the holiday season, a sincere thank you to member Sue Crosby and her husband, Brian, for hosting our Holiday Party. Your home looked beautiful and we had a wonderful time. Thank you to everyone who helped make this such a special evening.



KV#42 – Ivy Hills - Another great turn out this year. Lots of money raise and a lot of fun was had by all. A great way to kick off the Holiday season. Thank you for hosting this great event Paula.

KV#49 - Congrats to everyone on a very successful Bake/Blanket/Princess Dress sale at CCHMC on October 15th, 2012. We raised \$920 for the Heart Institute! Thanks to all who baked and/or made blankets. Thanks to Joan Cody, Patti

Roppa, Sybil Curro, Gretchen Heltman, Judy Pauly and Kim Lucken for selling the items. Joan, those princess dresses were amazing!

KV#68 - KV 68 would like to thank everyone who participated in our Tupperware Fundraiser. Also, to Regina Schmidt who Hosted a Vendor Party at her home. This event generated @ \$ 300.00 in cash and gifts donated to go toward upcoming baskets & donations to Children's Hospital.

KV#77 – Thank you to everyone who donated gift cards for our wreath affair for Markt and to all members who volunteered their time at Markt. Also a big thank you to Mary Lytle and Jenn Stallsmith for being our Markt Co-Chairs. We want to welcome new member Marcia Cumberledge and thank her for opening up her home for our pot luck Christmas dinner/meeting. Thanks to everyone who donated items for our two adopted families, way to go ladies!

KV#78 - Thanks to all our members who worked so hard on our Markt projects, especially Katrina Smith, Nancy Morton, Mary Beth Young, Ree Pebler, Beth Pollock, Ruth Wiley, and Karen McClure. We are especially proud of Katrina, who put many hours into Markt this year in preparation for her role as Markt Chair in 2013. We'll be there to support you all the way, Katrina!

Tidbits

KV#3 – Happy February birthday to Sharon Wing!

KV#4 - To kick off the new year (and to focus on cardiac wellness), Kindervelt #4 is hosting several exercise events! The first is a spinning class on January 26. Next is a zumba-thon on February 9 from 3 - 4 p.m. at the YMCA in Blue Ash. Finally, on February 26, Kindervelt #4 is hosting an hour of yoga at yogahOMe on Wooster Pike in Mariemont. There is no cost for any of these events, but donations are welcome. Please visit our Facebook page (Kindervelt4) for more details on any of the events!

KV#16 - We are so pleased to welcome Cindy Burger to KV #16 and we look forward to you joining us to "have fun while raising funds" for Cincinnati Children's and the Heart Institute. Welcome!!

KV#19 – Heritage - The second annual KV19 Have a Heart for Children's Hospital benefit will be held on Thursday, February 7th at the lovely home of Debbie Wagner.

KV#30 Indian Hill – A big thank you to Marie Tscalis who opened her home for our Christmas Party. Everyone brought something special for the meal. We also held an auction with proceeds going to Kindervelt. A fun time was had by all

KV#37 – KV#37 is again selling Mike's CarWash coupons . Cost is still \$8.00. Half the proceeds go to the Kindervelt . Available at President's Council in February or by calling Pat Hopson at 742-0559.

KV #54 - Always a terrific event, Gretchen Thomas and Joni Welsh are coordinating the progressive dinner - February 9, 2012. Not pictured in long term member recognition photo are Gretchen Thomas (20 yr), Mary Beth York (20 yr) and Salley O'Donnell (20 yr).



KV#54 long term members: Nancy Lonnemann (20yr), Peggy Keyes (30 yr) and Susan Peck (20 yr.)

KV #68 Westside is selling LaRosa's Buddy Cards for \$10.00 each. The Buddy Card is good for 14 pizza deals. It entitles you to 14 large pizzas and a free large cheese pizza with each order. The card is activated at the time of the first purchase and is good for a year from that date. To purchase your cards, please call Nancy Nutini (513-451-7441) or see Janet Bretnitz at President's Council. \$5.00 from the sale of each card goes to Kindervelt – we have 6 cards left -

KV#77 - Happy Belated Birthday to Becky Ristau, 12/3 and birthday greetings to our January birthday girls, Janice Curran, 1/12 and Judy Williams, 1/19. Happy Birthday to Angie Bolton, 2/1

Kinderklatch

KV#78 – Looking for a gift for a fellow Kindervelt member? Contact Kindervelt #78 to order Kindervelt logowear in a variety of styles and colors which can be personalized with your group's name and number. For the golfer on your list, we offer personalized golf towels that make great gifts. And for any new babies in the family, consider our personalized bibs, baby blankets, and burp sets. To view samples of these items and find out how to order, go to www.kindervelt.org, click on "News" and then "Projects". We are also continuing our sale of greeting cards in keepsake boxes for both kids and adults. For more information, please contact Mary Beth Young (231-2646 or meyoung@fuse.net).



Condolences

KV #68 - KV #68 extends our sympathy and prayers to Susan Deye on the loss of her father, Al Hammor on Christmas morning.

KV#30 Indian Hill – Our deepest sympathy to the family and friends of Peggy Stroud who passed away this month. Peggy was a long time member and we will miss her. She was a lovely person.

Bundles of Joy

KV #16 - Congratulations to Theresa Skogland on becoming a Grandmother for the 1st time – Avery Jane was born on 12/15/12, 8 lbs. 2 oz. to her son Shane and wife Elizabeth. What a wonderful Christmas present!

Kindervelt Group Highlight

*#37 Finneytown:
Above and Beyond*

Kindervelt #37, Finneytown was formed in 1975. The group began as a neighborhood group and now has expanded, as many groups have, to encompass a wider area drawing membership from five different neighborhoods. Therefore, a new name was adopted in 2006 to include all of the areas; Finneytown: Above and Beyond.

Although Finneytown: Above and Beyond is a smaller group of 7 members, several of these members have been a part of Kindervelt for over 20 years. Meetings are on the first Monday of each month beginning at 6:30 in the evening and are held at different area restaurants.

Group #37 has several successful fundraises throughout the year, one of which includes the sales of Mike's Car Wash certificates.

As another fundraising project, twice a year the group gathers with friends, family members and co-workers to participate in panel discussions at the Burke Institute for which they are compensated per participant.

Kindervelt is very proud of this group's many accomplishments to our organization. Even as a smaller group every dedicated member and their hard work is appreciated. Finneytown: Above and Beyond raised over \$2,500.00 in the 2011-2012 fiscal year.

Thank you to everyone in this group for all of their hard work and commitment to Kindervelt, Cincinnati Children's and the Heart Institute while continuing to "Have Fun While Raising Funds."

Kindervelt Newsletter

Please remember to submit your personal stories:

Why did YOU become a member of your Kindervelt group?

What experience at a Kindervelt event touched you?

What did you see at Children's Hospital that confirms why you are so passionate about raising funds for this organization?



Kindervelt News

Kindervelt of Cincinnati Childrens Hospital Medical Center
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Newsletter Deadlines

These deadlines are for submitting information into the Newsletter. Please send your submissions to Mimi Dyer - mmdyer@fuse.net

- March Deadline — Monday, February 4, 2013
- April Deadline — Monday, March 4, 2013
- May Deadline — Monday, April 1, 2013
- Summer Deadline — Monday, June 3, 2013

Dates to Remember

KV#4 - SAVE THE DATE

Join us on **Saturday, April 20, 2013** for Kindervelt #4's Casino Royale fundraiser at Mercedes-Benz Cincinnati! We are looking forward to a fun evening filled with music, food, gambling, and auction items. Stay tuned for more details to follow!

KV #77 - SAVE THE DATE

KV#77 will have their annual fashion show/ luncheon on **Saturday, April 13, 2013** at the Marriott @ Union Centre in West Chester. More details to follow next month.

A great evening celebrating the holidays with the Landen KV 57. Pat recieved surprise thank you gift for serving as president!



*KV65
Christmas gift
exchange*